

LOCAL FOODS KITCHEN

CHEF'S MENU

STARTERS

- PIMENTO CHEESE AND FRIED SALTINES**10
- SOUPS** Tomato or Soup of the DayCup...6.....Bowl...8
- KALE CAESAR** croutons, ParmesanHalf...6.....Full...8
- HULEN WEDGE** iceberg, scallion, tomato, bacon, pecans, blue cheese & ranch Half...8..... Full...12
- STRAWBERRY SPINACH SALAD** green onion, crumbled feta, toasted almonds, lime poppyseed dressingHalf...7.....Full...11

Combos

COMBO 1
Soup or Wedge/Caesar/Spinach & ½ Sandwich....13-18

COMBO 2
½ Entree Salad & ½ Sandwich....17

COMBO 3
½ Entree Salad & Cup Soup....17

Turkey, Corned Beef or SBLTA sandwich add 2.00

ENTREE SALADS

- CHICKEN CAESAR** romaine, smoked bacon, red onion, garlic croutons, Parmesan..... Full...15 Half...11 Wrap...13
- POWER SALAD** sweet potato, broccoli, edamame, carrot, sunflower, walnut, raisin, apple, lettuces, select a dressing
Full...15 Half...11 Wrap...13
Dressings: tzatziki • house vinaigrette • lemon • green goddess • ranch • caesar • sesame ginger • balsamic vinaigrette • creamy cilantro
- MEXCRUNCH** greens, black beans, pico, avocado, pepita seeds, corn tortilla, queso fresco, peppers, cabbage, creamy cilantro dressing & drizzled with chipotle orange bbq Full...15 Half...11 Wrap...13
- KEBAB COBB** tandoori chicken, avocado, tomato, smoked bacon, onion, feta, peppers, greens, pita & Tzatziki dressing
Full...16 Half...12 Wrap...14
- CHINESE CHICKEN SALAD** crisp rice noodle, scallion, iceberg, cilantro, toasted almond and sesame ginger dressing
Full...14 Half...10 Wrap...12

SIDES & EXTRAS

- CHEF'S GARLIC FRIES**6.50
- GRILLED SALMON** 2.5oz...6 5oz...10
- GRILLED CHICKEN** 2.5oz...3 5oz...7
- BACON**1.35
- AVOCADO**small 3 / large 6
- JALAPENOS**50¢

SANDWICHES

All sandwiches come with a Chef's Daily Choice Salad

- HIPPIE CRUNCH** guacamole, sprouts, tomato, spicy lemon hummus, sweet potatoes, cucumber, fried onion on walnut scallion 12
- ROAST TURKEY** smashed avocado, smoked gouda, garlic aioli, onion chow chow, tomato, greens, toasted jalapeno cheese bread 14
- ALBACORE TUNA SALAD** grilled or cold, white cheddar, red onion and greens on hippie wheat. *No splits on grilled* 12
- GRILLED CORNED BEEF REUBEN** topped with sauerkraut, swiss cheese, onion, Dijon, 1000 island on rye 14
- GRILLED FISH TACOS** slaw, pickled red onion, lime, cilantro, queso fresco, toasted cumin vinaigrette w/ avocado tomato pico, chili fries 17
- WARM SMOKED CHICKEN PANINI** red onion, mozzarella, tomato, basil pesto, sriracha aioli on sourdough 13
- PIMENTO CHEESE BLT** sriracha, red onion, sourdough 12
- SBLTA** grilled salmon, bacon, lettuce, tomato, avocado and lemon aioli on grilled sourdough 16
- FARM BURGER (8oz)** Build your own and select from white or yellow cheddar, lettuce, tomato, onion, mayo, mustard and ketchup. Comes with choice of chips, fries or a vegetable salad from the center deli case 16
Add bacon, goat cheese, pimento cheese or Gorgonzola.....2.00 ea
Add guacamole 3.00

Kids Menu

UNDER 10 years...\$7-\$8

Select one: **GRILLED CHEESE • MAC & CHEESE • TURKEY CHEDDAR ROLLUP • PB & J • CHICKEN SKEWER**
fresh fruit or carrots & celery with ranch dressing

DRINKS

- GINGER LEMONADE** 3.50
- ICED TEA** (classic or peach) 2.50
- MIMOSA**glass... 6..... carafe...18
- ASSORTED JUICES, WATERS, REFRESHERS**
- AVOCA FRENCH ROAST**3.00
- HOUSE COLD BREW** 3.50
- WINE (SEE LIST)**
- IMPORT - LOCAL - DOMESTIC BEER**